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# FALL CULTURAL HEALING

Performances by :

JMost and Command Steppers  
Ndi Igbo Cultural Expressions

Ancestral Healing Circle  
Sound Bath  
Craniosacral

**SPEAKERS**



**Dr. Semerit Strachan  
Dr. Sara Cooper**

*Sunday, Oct 13, 2024*

*1:30- 5 PM*

*Frog Town*

*Community Center*

**230 Como Ave**

**St. Paul, MN 55103**

